



My Strategy Worksheet

My 90 Day Goal:

Does this goal have a **specific** and **measurable** outcome? ____ YES! ____ NO (revise until it can be easily measured)

How will it make me **feel** to accomplish this goal?

What are the **outcomes** to achieving this goal?

Brainstorm ALL the possible 1-2 week projects to accomplish this goal (a project is the larger benchmark for which you'll complete smaller tasks):

Next, choose the **top projects** (from above) and organize by **priority**. These are the projects where you will focus all your extra time and energy for the next 90 days.

Top Projects by Priority:

Date Accomplished: _____

1#	_____
2#	_____
3#	_____
4#	_____
5#	_____
6#	_____
7#	_____
8#	_____
9#	_____





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Next, list the **specific action steps** you'll take to complete each project. It's very important to get clear on your 90 Day objective FIRST, then identify the projects to achieve it, before launching into specification steps!

The tasks to complete **Project #1:** _____ week(s) to Complete Date Accomplished:

The tasks to complete **Project #2:** _____ week(s) to Complete Date Accomplished:

The tasks to complete **Project #3:** _____ week(s) to Complete Date Accomplished:





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The tasks to complete **Project #4:** _____ week(s) to Complete Date Accomplished:

The tasks to complete **Project #5:** _____ week(s) to Complete Date Accomplished:

The tasks to complete **Project #6:** _____ week(s) to Complete Date Accomplished:





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The tasks to complete **Project #7:** _____ week(s) to Complete Date Accomplished:

The tasks to complete **Project #8:** _____ week(s) to Complete Date Accomplished:

The tasks to complete **Project #9:** _____ week(s) to Complete Date Accomplished:

