



## Making Your Goals Inevitable

Use this to journal to tap your power and take action.

1. What are the steps that you can take to be happy in the NOW?
2. Are you setting goals for yourself that produce **negative** emotions? Name a few.
3. What goal do you have that you believe will bring you happiness on the other side of that goal?
4. Name two benefits of having goal
5. What's an Impossible Soul Goal?
  - a. Do you have one? What action can you take today to live from the future?
6. Am I taking massive daily action towards my goal?
  - a. Or have I confused an impossible goal with impossible daily steps?

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*Make a list of 20 things you WANT (that you already have)*

*Grab 1 item from your vision statement and relate it to what you already have.*

*Practice wanting what you already have. Then set your goals as an extension of that.*

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### **Exercise:**

Are you willing to keep taking action? Learn and evolve from failure, evidence mistakes and games?