

# YOUR 1 YEAR VISION STATEMENT

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This exercise will take time and energy so be sure to set aside some quiet, uninterrupted time to work on it. The goal here is clarity on your life. It can't be answered quickly and should be done over a period of time and then revisited on a regular basis.

**If you could wave a magic wand and create your ideal life, what would it look like?**

Dream big in your Vision Statement. You'll want to jot down your loftiest, most exciting vision for your life. The best stories start with an impossible dream that was pursued by someone who was certain they could make it come true. Be as specific as possible, and write in the present tense, as if it was happening now.

Shoot for about 1 page in length. Your vision statement should be more than a paragraph, but not a novel.

Ask yourself the questions below to get the creative juices flowing. Then, you can turn your answers into a narrative, in paragraph form. Do not simply write an answer to each question and leave it at that. The questions are meant to stimulate your imagination for the vision of what you want your life to truly be.

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What is your business doing or what does your career look like?

How much is your salary?

What products or services are you providing?

How does your work day look?

How do you feel about your work? The people you work with?  
The clients you serve?

What does your home life look like?

What kind of relationships are you having?

How is your health?

What's your fitness level?

How much energy do you have to live each day?

Are you doing charitable works or helping others step into greatness?

How are you spending your free time?

Are you taking any trips? What experiences are you having?

What are you doing socially with family and/or friends?

How does your life feel?

After you have completed it, read the vision statement every day for 1 week and then make any changes, updates, or deletions necessary.

Keep the Vision Statement in a place that is easily accessible. Read it often and share with your team, family, or friends. Use it as a source of inspiration to keep you focused and motivated.

Have fun!

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