

# 10min/3xDay Goal Strategy Worksheet

## Step 1 | Clarify My Goal

Money/Financial    Business/ Career    Relationship/Love/Social    Community/Give Back    Mind, Body, & Spirit

Current Rating 1-10: \_\_\_\_\_ Desired Rating 1-10: \_\_\_\_\_ (after goal is complete)

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My 90 Day Goal:

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Desired Outcome(s):

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How It Will Make Me FEEL To Accomplish This Goal:

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How It's Measurable:

## Step 2 | Prepare My Path for Success

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What changes are required in my daily routine to be successful? If I need more time, what will I say NO to?

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What's the biggest obstacle I need to overcome?

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Who can I surround myself with to help me succeed?

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Are there any additional resources or education I need?

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Do I need to eliminate any toxic places, people, or habits to succeed?

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What actions do I need to take FIRST to clear the path for my goal to succeed?

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### Step 3 | Project & Task Breakdown

Break down the goal into smaller projects and tasks. Then, prioritize order to complete. Print as many sheets as needed.

**Project:**

Tasks:

Priority:

**Project:**

Tasks:

Priority:

**Project:**

Tasks:

Priority:

Transfer action steps into your Best Planner Ever. Complete three 10 minute items each day!